

Transitioning to Secondary School Week 5



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Rumours

- Most people in your class will probably want to talk about going to secondary school because it's a big step for you all.
- It's good to talk about all the exciting things ahead of you and it's also good to tell each other about the things you're a bit worried about.



Rumours

- Sometimes though pupils can scare each other unnecessarily because they have listened to the rumours about what the school is like.
- Look up what the word 'rumour' means in the dictionary and write the definition on your activity sheet.



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Rumours

- Very often rumours are exaggerated stories.
- For example, a story that there are gangs of older students taking money from new first year pupils could be an exaggeration of a one off incident where a 5th year boy ran off with 5 euro when a first year dropped it.



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Rumours

- Rumours may have an element of truth in them but usually they contain a lot of things which aren't true
- It's best to listen to the facts that the members of staff tell you rather than the rumours pupils from the school might tell you.
- In your activity sheet write down some of the rumours you have heard.



Worries

- It's natural to feel nervous as well as excited about moving on to secondary school.
- On your activity sheet write down some of the worries you have.
- Remember talking about these worries to your friends or a family member can help put your mind at ease.



Similarities

- Although secondary school will be a big and important change in your lives there are also lots of similarities between primary and secondary school.
- On your activity sheet can you list some?



That's all for this week

- Next week we will be our final week where we reflect on our thoughts since the start of the programme.
- Have a good week!

